

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Devriese Boris

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 14:07
Heat: 2/21 Lane : 1 Athlete: RUYSSSEN MERYL LOUISE MINGLAN					Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:13, starttime: 14:32
Heat: 13/21 Lane : 6 Athlete: BERTE LISE					Q-time: 01:30:19
PB (25m pool): 01:30.19 Diksmuide 28/12/2025		PB (50m pool): no time SB: 01:30.19 Diksmuide 28/12/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.95		01:30.19	
	00:42.95		00:47.24		
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:1, starttime: 14:47
Heat: 1/17 Lane : 2 Athlete: BOAST ALEXANDER					Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 3: 100M MEDLEY MEN 11+					Heat:2, starttime: 14:50
Heat: 2/17 Lane : 4 Athlete: DE SCHUTTER NILLS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:12, starttime: 15:12
Heat: 12/17 Lane : 1 Athlete: VAN NIEUWENHUYZE LUKAS					Q-time: 01:24:44
PB (25m pool): 01:24.44 Diksmuide 28/12/2025 PB (50m pool): no time SB: 01:24.44 Diksmuide 28/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.47		01:24.44	
	00:39.47 00:44.97				
					

Coach feedback:

Event number: 4: 200M BUTTERFLY WOMEN 11+							Heat:1, starttime: 15:22	
Heat: 1/2 Lane : 2 Athlete: VAN DE WALLE NORA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 4: 200M BUTTERFLY WOMEN 11+							Heat:1, starttime: 15:22	
Heat: 1/2 Lane : 3 Athlete: VAN LIERDE ROOS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): 03:19.96 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 15:47
Heat: 5/15 Lane : 2 Athlete: RUYSSSEN MERYL LOUISE MINGLAN			Q-time: 00:40:01
PB (25m pool): 00:40.01 WAREGEM 27/09/2025			PB (50m pool): no time SB: 00:40.01 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:40.01	
		00:40.01	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 15:51
Heat: 9/15 Lane : 3 Athlete: HOEYMANS ELISE			Q-time: 00:34:23
PB (25m pool): 00:34.23 Mons 28/06/2025			PB (50m pool): 00:34.03 SB: 00:34.46 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:34.23	
		00:34.23	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:10, starttime: 15:52
Heat: 10/15 Lane : 6 Athlete: VAN LIERDE ROOS			Q-time: 00:34:07
PB (25m pool): 00:34.07 WAREGEM 27/09/2025			PB (50m pool): 00:33.67 SB: 00:34.07 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:34.07	
		00:34.07	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:11, starttime: 15:53
Heat: 11/15 Lane : 3 Athlete: VAN DE WALLE NORA			Q-time: 00:33:01
PB (25m pool): 00:33.01 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:32.82 SB: 00:33.01 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:33.01	
		00:33.01	
			

Coach feedback:

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Event number: 8: 50M FREESTYLE MEN 11+							Heat:2, starttime: 15:59		
Heat: 2/9 Lane : 4 Athlete: DE SCHUTTER NILLS							Q-time: 00:45:16		
PB (25m pool): 00:45.16 Sint-Amandsberg 19/10/2025							PB (50m pool): no time SB: 00:45.16 Sint-Amandsberg 19/10/2025		
	2 5 M		5 0 M						
PB			00:45.16						
	00:45.16								
									

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+							Heat:3, starttime: 16:00		
Heat: 3/9 Lane : 6 Athlete: BOAST ALEXANDER							Q-time: 00:40:30		
PB (25m pool): 00:40.30 WAREGEM 27/09/2025							PB (50m pool): no time SB: 00:40.30 WAREGEM 27/09/2025		
	2 5 M		5 0 M						
PB			00:40.30						
			00:40.30						
									

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+							Heat:4, starttime: 16:01		
Heat: 4/9 Lane : 2 Athlete: VAN NIEUWENHUYZE LUKAS							Q-time: 00:35:10		
PB (25m pool): 00:35.10 Mons 28/06/2025							PB (50m pool): no time SB: 00:35.69 WAREGEM 27/09/2025		
	2 5 M		5 0 M						
PB			00:35.10						
			00:35.10						
									

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 16:06	
Heat: 1/16 Lane : 3 Athlete: HOEYMANS ELISE							Q-time: 99:99:99	
PB (25m pool): 03:10.35 Ronse 17/03/2024				PB (50m pool): 03:11.28 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:10.35
	no time							
								

Coach feedback:

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Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:8, starttime: 16:36	
Heat: 8/16 Lane : 1 Athlete: BERTE LISE							Q-time: 03:29:11	
PB (25m pool): 03:29.11 Mons 29/03/2025				PB (50m pool): 03:26.07 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.38		01:42.54		02:36.99		03:29.11
	00:48.38		00:54.16		00:54.45		00:52.12	
								

Coach feedback: